



### A-Men

A-Men is an online social group for gay Asian men living in Australia. Their online magazine explores art, sexuality and cultural identity.

### Australian GLBTIQ Multicultural Council

[Australian GLBTIQ Multicultural Council](#) advocates for the rights of multicultural and multi-faith LGBTIQ+ communities through research, education, and community events.

Email [contact@agmc.org.au](mailto:contact@agmc.org.au)

### Australian Human Rights Commission

[Australian Human Rights Commission](#) is an independent statutory organisation, established by an act of Federal Parliament. The promotion and protection of human rights in Australia, including sexual orientation, gender identity and intersex status.

National Information Service, phone [1300 656 419](tel:1300656419)

### Australian GLBTIQ Multicultural Council

A national body that advocates for the rights of multicultural and multifaith LGBTIQ individuals and communities.

### Australian LGBTQI Multicultural Council (AGMC)

is the peak body for non-heterosexual individuals of colour. The AGMC website raises awareness about upcoming LGBTQI events from culturally and linguistically diverse backgrounds.

Beyond Blue: Families like mine

A guide for parents and families when young people are questioning their sexuality or gender identity.

Black Rainbow

Black Rainbow is a national Aboriginal and Torres Strait Islander organisation for LGBTIQ+SB (Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Sistergirl and Brotherboy) people. It seeks to provide information and to pursue positive health and wellbeing for Aboriginal and Torres Strait Islander LGBTIQ+SB people. The website includes information about projects, training and other initiatives that Black Rainbow are involved in.

Bfriend

Bfriend provides free peer support to LGBTIQ+ people of all ages in South Australia. Bfriend's community workers can provide a safe place to talk about gender or sexuality, information about community groups, and can connect people with peer volunteers who are able to meet with people to talk or attend LGBTIQ+ events together. Bfriend can also respond to enquiries from service providers and offers workplace training to help other organisations support the LGBTIQ+ community.

Phone [8202 5190](tel:82025190)

Email [Bfriend@unitingcommunities.org](mailto:Bfriend@unitingcommunities.org)

Catalyst Foundation

The Catalyst Foundation hosts social groups for LGBTIQ+ people over 50 and provides LGBTIQ+ inclusion training for workplaces, including specialist training about LGBTIQ+ domestic violence.

Phone [8168 8776](tel:81688776)

Email [information@catalystfoundation.com.au](mailto:information@catalystfoundation.com.au)

COTA SA Rainbow Hub

[COTA SA](#) has established a community hub for older LGBTI people. Rainbow Hub hosts monthly social events, facilitates a community visitor program, and can provide information to LGBTI people about navigating aged care services. They also deliver Silver Rainbow, an LGBTI inclusion training for aged care service providers, and have an e-newsletter to help keep community members informed of what's happening in the community.

Phone [8232 0422](tel:82320422)

Email [cotasa@cotasa.org.au](mailto:cotasa@cotasa.org.au)

Equality Australia

[Equality Australia](#) is a national LGBTIQ+ organisation that advocates for the rights of LGBTIQ+ people across a range of issues throughout Australia.

[Feast Festival](#)

[Feast Festival](#) is South Australia's largest LGBTQI cultural festival and attracts both performers and visitors from across the globe. Check out their [Facebook page](#) for more info.

Gender Wellbeing Service

[Gender Wellbeing](#) is a service within SHINE SA that provides peer support for transgender and gender diverse people. Gender Wellbeing can offer peer connection and mental health support, as well as information about accessing health services.

Phone [7099 5320](tel:70995320)

Email [info@shinesa.org.au](mailto:info@shinesa.org.au)

[Headspace](#)

Has information on sexuality and sexual identity and provides online chat and other connection and support options. Find what your local headspace centre offers.

Health and Community  
Services Complaints  
Commissioner

The [Health and Community Services Complaints Commissioner](#) helps consumers with complaints about health or community services.

Phone [8226 8666](tel:82268666)

Country callers [1800 232 007](tel:1800232007)

Email [info@hcscc.sa.gov.au](mailto:info@hcscc.sa.gov.au)

Intersex Human Rights  
Australia

[Intersex Human Rights Australia](#) promotes human rights, health and bodily autonomy.

Email [info@ihra.org.au](mailto:info@ihra.org.au)

Intersex Peer Support  
Australia

[Intersex Peer Support](#) provides information and advocacy for people born with variations in sex characteristics, and their families.

Phone [0478 537 739](tel:0478537739)

Email [info@isupport.org.au](mailto:info@isupport.org.au)

LGBTI Connect (ECH)

[LGBTI Connect](#) is run by older LGBTI people, for older LGBTI people. LGBTI connectors provide culturally safe access, navigation, advocacy and connection to aged care services for older LGBTI South Australians. ECH also offers a free LGBTI volunteer home visiting program for LGBTI people who are 55 or older.

Phone [1300 275 324](tel:1300275324)

Email [ask@ech.asn.au](mailto:ask@ech.asn.au)

LGBTIQ+ Health Australia [LGBTIQ+ Health Australia](#) is the national peak health organisation in Australia for organisations and individuals that provide health-related programs, services and research focused on lesbian, gay, bisexual, transgender, and intersex people and other sexuality, gender, and bodily diverse people and communities.

Phone [\(02\) 7209 6301](tel:(02)72096301)

Email [info@lgbtiqhealth.org.au](mailto:info@lgbtiqhealth.org.au)

### Minus 18

Youth-led network providing information and resources for LGBTQI young people.

[Minus 18 Facebook page](#)

Moogaloo Mob & Blak Lemons - Aboriginal and Torres Strait Islander people who identify as gay, lesbian, sistergirl or brotherboy

Moolagoo Mob & Blak Lemons is an Aboriginal and Torres Strait Islander group which offers a social and support network for those who identify as gay, lesbian, sistergirl or brotherboy. They meet every month in a friendly, safe and confidential environment.

Where: Adelaide

Facebook

Group: [www.facebook.com/groups/192121764142222/](https://www.facebook.com/groups/192121764142222/)

### QLife

Telephone and online chat, peer support and referral for LGBTQI people of all ages.

Phone [1800 184 527](tel:1800184527)

Play by the Rules

[Play by the Rules](#) - Making sport inclusive, safe and fair.

Pride and Joy Foundation

<https://www.prideandjoyfoundation.com/parent-connection>

The mission of the Pride & Joy Foundation is to prevent suicide and homelessness in the LGBTQ+ community by fostering allyship, empowering advocates, and creating opportunities for LGBTQ+ visibility.

Queer Muslims in Australia

Queer Muslims in Australia is a Yahoo! group that provides a safe online space for LGBTQI Muslims to connect and express and/or come to terms with their faith and sexuality.

Rainbow Family Tree

Rainbow Family Tree is a digital storytelling community comprised of queer individuals who creatively explore their multiple identities.

Rainbow Space - Young people aged 12-17 who identify as LGBTIQ

A safe space to build resilience, develop new skills, get peer support and meet like-minded young people. The program runs every 3rd Tuesday of each month 4pm to 6pm.

Where: headspace Port Adelaide, 78-80 St Vincent Street, Port Adelaide

Phone: 08 8215 6340

Email: [headspaceportadelaide@centacare.org.au](mailto:headspaceportadelaide@centacare.org.au)

SHINE SA

For support with appointments, counselling, information and resources for parents and young people.

- Sexual healthline (before noon, Monday to Friday) phone [1300 883 793](tel:1300883793) or country callers [1800 188 171](tel:1800188171).
- 64 Woodville Road, Woodville. For appointments, phone [8300 5300](tel:83005300)
- 57 Hyde Street, Adelaide. For appointments, phone [8300 5300](tel:83005300)

South Australian Equal Opportunity Commission (EOC SA)

EOC SA helps prevent certain kinds of discrimination based on sex, race, disability, age or various other grounds.

Phone [8207 1977](tel:82071977)

Country callers [1800 188 163](tel:1800188163)

Email [OCEO@sa.gov.au](mailto:OCEO@sa.gov.au)

outh Australian Rainbow  
Advocacy Alliance  
(SARAA)

[SARAA](#) is a community led LGBTIQ+ organisation that  
advocates for an inclusive, healthy and safe South Australia.

Email [info@saraa.org.au](mailto:info@saraa.org.au)

Southern Youth Rainbow  
Space - Young queer  
people aged 14-25

A safe, social drop in space for young queer people aged  
between 15 and 25 years old.

Where: Wardli Centre, 13 McKinna Rd, Christie Downs

Facebook: [facebook.com/southernyouthrainbowspace](https://facebook.com/southernyouthrainbowspace)

Email: [skylight@skylight.org.au](mailto:skylight@skylight.org.au)

Trans Health SA

[Trans Health SA](#) provides information about inclusive health  
services and other supports for transgender and gender diverse  
people in South Australia. Also includes a practitioners' list with  
details for trans friendly doctors and specialists who have been  
recommended by other transgender and gender diverse people.

Email [transhealthsa@outlook.com](mailto:transhealthsa@outlook.com)

Women's and Children's  
Hospital Gender Diversity  
Service

The [Women's and Children's Hospital](#) has a specialist team for  
support of transgender and gender diverse youth. Information  
about the clinic and its services can be found via its website, or  
by contacting them.

Phone [8161 8752](tel:81618752)

Email [Health.WCHGDClinicNurse@sa.gov.au](mailto:Health.WCHGDClinicNurse@sa.gov.au)

Women's Information  
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recommended by other transgender and gender diverse people.

Email [transhealthsa@outlook.com](mailto:transhealthsa@outlook.com)

Women's Safety Services  
SA

[Women's Safety Services](#) is the main support service for people experiencing family and domestic violence in South Australia. WSSSA is LGBTIQ+ inclusive, and can support most LGBTIQ+ people who are experiencing family or domestic violence. In cases where they cannot assist themselves they can provide referrals to other support services. You can find more information about their commitment to LGBTIQ+ inclusion on the [Women's Safety Services](#) site.

Call the Domestic Violence Crisis Line (24/7) on  
[1800 800 098](tel:1800800098)

YouSpace - Young people aged 12-17 who identify as gender questioning, gender diverse and transgender  
Rainbow Mates - Trans and female identified people who are lesbian, bisexual, pansexual or queer, aged 12-25

A group program for young people aged 12-17yrs who identify as gender questioning, gender diverse and transgender. A safe space to build resilience, develop new skills and get peer support.

Where: headspace Port Adelaide, 78-80 St Vincent Street, Port Adelaide

Phone: 08 8215 6340

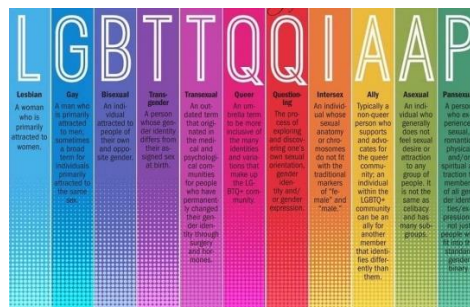
Email: [headspaceportadelaide@centacare.org.au](mailto:headspaceportadelaide@centacare.org.au)

A social support group that meets at Headspace Edinburgh North.

Where: Edinburgh North

Phone: 7073 7080

Email: [kwestcott@naml.com.au](mailto:kwestcott@naml.com.au) or [gbrown@naml.com.au](mailto:gbrown@naml.com.au)





Youth Beyond Blue

For information on anxiety, depression and bullying for LGBTQI young people.

Phone [1300 22 4636](tel:1300224636)

Uniting Communities

<https://www.unitingcommunities.org/service/community-support/lgbtiqa-support>

If you're same-gender attracted, gender diverse, or questioning your sexuality or gender identity, we can offer peer support, counselling and community connections.

SAMESH (South Australian Mobilisation and Empowerment for Sexual Health)

[SAMESH](#) provides support, education and training about Sexual Health and HIV for men who have sex with men and people living with HIV, as well as services for the broader LGBTIQ community. Services include counselling, peer support and health promotion.

Phone [7099 5300](tel:70995300)

Email [samesh-enquiries@samesh.org.au](mailto:samesh-enquiries@samesh.org.au)

