

Baking with Dimitra

Today, 26th May, we decided to practice our baking skills by cooking bread. We began with washing our hands and then collected the ingredients. Dimitra talked about the cooking and mixing procedure with the children while preparing the ingredients. The children listened intently, remaining focused throughout the whole procedure. Dimitra encouraged each child to have a turn at adding and feeling the ingredients. She talked about the different textures encouraging the children to expand on their vocabulary. Each child took a turn at kneading and rolling their dough into their own roll. They then placed them on an oven tray and left them to rise, occasionally observing them take their shape. Dimitra quickly whipped up a loaf of bread too. We placed them into the oven to cook. Once they were ready we tried the bread loaf while it was still warm. It was delicious with a little bit of butter and some vegemite. Each child took home a roll each to share with their families.

