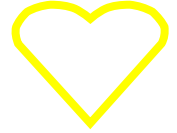




# 2010!



*Welcome back for 2010! We can't believe that it is 2010 already, we are sure it was just the millennium celebrations last year, and that its already February is just crazy! The Nursery is just getting back up to full operating capacity with January being a time when many people take holidays. We said goodbye to a large group of children who moved up to the Toddler Room and we have welcomed many new faces in to the room. This settling period is always a little challenging for all involved but we all do come out the other side of it and settle in to our routine quite quickly! Its normal for young children just starting child care to become upset and unsettled during this time. It is their body's way of releasing the built up emotion and in response to dealing with all the extra stimulation the child care environment provides. There is not many environments a child of Nursery age has been in that are quite like the child care environment. There is the constant, unpredictable noise, unfamiliar faces, children playing close by and sleeping in an unfamiliar space. How quickly children adapt to this depends on a number of factors, including their personality and the number of days they are in care. Rest assured though that in their own time all children do adapt and settle in to the environment and their sleep and feeding routines return to normal.*

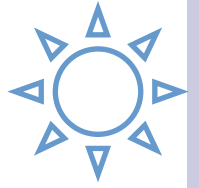
*The other unfortunate by-product of starting child care is the number of illnesses children can pick up. We do all we can do prevent the spread of infectious diseases and understand how frustrating it can be for parents returning to work to have to take time off to care for an unwell child. It doesn't take too long for their bodies to develop a stronger immune system. If you have any questions about your child when they are unwell and when they are to be kept home feel free to call at any time to ask us. We will call you to collect your child if they are displaying infectious symptoms, have a high fever or are really out of sorts and unhappy.*

*We look forward to getting to know all of our new children and families and continuing our relationships with existing ones this year. Let's hope this year doesn't go past too quickly as we have a lot to do...although the cooler weather could hurry up so that we can play outside more often and more comfortably!*

*Liz, Jess, Kate, Catherine and Christel*



# Nursery Notes...



We have had a couple minor shift changes in the Nursery in the last week.

Jess' shift is now 8.30-5.30 and Kate/Catherine's late shift is now 9.00-6.00.

A reminder to all that we are in the big room until approximately 8.15am in the morning and go back in there at around 5.15am

Please make sure that all items bought to child care are labelled. Particularly bottles, dummies and shoes. If you can label clothing too it can help us when we do messy play and rinse the clothes after.



*Did we accidentally send home a pair of girls shoes with the wrong family on Tuesday 2nd February 2010? If you could check for us that would be great.*

Please remember to fill in and return our programming information sheets when we send them home as they really help us to individualise your child's program and to know more about what is going on in their world that might be affecting them. Feel free to read your child's program on the wall above the lockers and to look through your child's Learning Portfolio. Staff are always available to answer questions about your child but if you have a particular concern it might be more practical for all to make a mutually convenient time to speak with either Jess or Liz.

